

## Treatment Baskets for the Chronic Disease List (CDL) Conditions 2024

### Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd ('the Administrator'), is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership of the Scheme.

### Contact us

You can call us on **0860 103 933** or visit [www.lahealth.co.za](http://www.lahealth.co.za) for more information.

### Treatment baskets for the Chronic Disease List (CDL) conditions

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) is a list of conditions which all medical schemes need to cover on all the benefit options they offer to their members. This cover includes funding for the diagnosis, treatment and ongoing care for the listed conditions.

Read further to understand what procedures, investigations and consultations are covered for both the diagnosis and ongoing management for each condition.

### We will only pay Chronic Disease List (CDL) claims if your condition has been approved on the Chronic Illness Benefit

Only claims for procedures and consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets will be paid from the Chronic Illness Benefit. These are pro-rated based on the date of approval of your chronic condition. Where you have cover for the same procedure or test in more than one basket, we limit payment to the number of procedures or tests in the basket that has the highest number.

### How we pay for tests to diagnose your condition

If you have been recently diagnosed with and approved for cover for a Chronic Disease List (CDL) condition, we will pay for the tests and procedures in the diagnostic basket in full. We will also pay in full for the consultation with the healthcare provider who made the diagnosis. We will only pay for these tests, procedures and consultation provided that you were an active and valid member of the Scheme at the time of the diagnosis and the relevant ICD-10 diagnosis codes are on the claim. Please ask your doctor to provide the date of diagnosis of your condition(s) on the CIB application form to assist us to pay your claims from the correct benefit.

## We will pay tests and procedures for your condition according to the treatment baskets

We pay claims from the treatment baskets for the ongoing management of your condition from healthcare providers such as radiologists, dietitians and podiatrists in full.

We pay claims from pathologists and medical technologists who we have a payment arrangement with in full up to the agreed rate. We will pay up to a maximum of the LA Health Rate if you use a pathologist or medical technologist who we do not have a payment arrangement with. You will have to pay any difference between what is charged and what we pay.

We pay for claims from Diabetes Educators up to the agreed rate subject to the limit being available, and the provider being on the Diabetes Educator network.

## How we pay GP consultations related to your condition

We pay consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets related to your condition from the Chronic Illness Benefit.

<p><b>LA Comprehensive, LA Core, LA Active and LA Focus Options</b></p>	<p>We pay for four (4) consultations a year that are related to all your approved condition at a GP who is a designated service provider in full up to the agreed rate.</p> <p>We pay up to a maximum of 100% of the LA Health Rate for consultations with a GP who is not a designated service provider. You must pay any difference between what is charged and what we pay.</p>
<p><b>LA KeyPlus Option</b></p>	<p>We pay for four (4) consultations a year that are related to all your approved condition with your nominated GP in the GP Network for your option, in full up to the agreed rate.</p> <p>If you use any other GP or your nominated GP is not in the GP Network for your option, we will pay up to a maximum of 80% of the LA Health Rate. You must pay any difference between what is charged and what we pay.</p>

## Nominate a GP for the management of your chronic conditions

There is overwhelming medical evidence that patients experience improved health outcomes when their primary care is coordinated through a single primary care GP.

For members on the LA KeyPlus Option, you and your dependants need to nominate a primary care GP for the management of your chronic conditions.

When you visit your nominated network GP for the management of your chronic condition, the Scheme will cover the consultation at in full up to the agreed rate. If you see a GP who is not your nominated primary care GP, or your nominated GP is not a network GP, you will experience a co-payment. You and your dependants can change your nominated GP three times a year. You can nominate your GP or manage your existing nomination by calling us on 0860 103 933.

## How we pay specialist consultations related to your condition

We pay for consultations listed in the Prescribed Minimum Benefit (PMB) treatment baskets related to your condition from the Chronic Illness Benefit.

<p><b>LA Comprehensive, LA Core, LA Active and LA Focus Options</b></p>	<p>Depending on your condition, we pay for a specific number of consultations with a specialist as listed in the treatment baskets. We will pay the consultation at a specialist who is a designated service provider in full up to the agreed rate.</p> <p>We pay up to a maximum of 100% of the LA Health Rate for consultations with a specialist who is not a designated service provider. You must pay any difference between what is charged and what we pay.</p>
<p><b>LA KeyPlus Option</b></p>	<p>Depending on your condition, we pay for a specific number of consultations with a specialist who we have a payment arrangement with and who agrees to charge the Specialist Network Rate.</p> <p>We pay up to a maximum of 80% of the LA Health Rate for consultations with any other specialist. You must pay any difference between what is charged and what we pay.</p>

## Please make sure your claims have the appropriate ICD-10 diagnosis code

To make sure that we pay your claims from the correct benefit, we need the claims from your healthcare providers to be submitted with the relevant ICD-10 diagnosis codes. Please ask your doctor to include your ICD-10 diagnosis codes on the claims they submit and on the form that they complete, when they refer you to pathologists, medical technologists and radiologists for tests. This will enable pathologists, medical technologists and radiologists to include the relevant ICD-10 diagnosis codes on the claims they submit to ensure that we pay your claims from the correct benefits.

## We will not pay claims from the Chronic Illness Benefit if these requirements are not met

We will not pay claims from the Chronic Illness Benefit if:

- The claims are submitted without the relevant ICD-10 diagnosis codes.
- You are not yet registered on the Chronic Illness Benefit for a Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) condition.
- You have exceeded the frequency limit on consultations or tests.

To find the closest GP or specialist on our network, go to Find a healthcare professional on [www.lahealth.co.za](http://www.lahealth.co.za).

## Treatment baskets for Chronic Disease List (CDL) conditions

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
<b>Addison's disease</b>	U & E only	4171	1	U & E only	4171	3	1
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	3	
	Cortisol level	4499	1				
	ACTH stimulation testing	4523	1				
<b>Asthma</b>	Flow volume test	1188 or 1186	1	Flow volume test	1188 or 1186	2	2
	Peak flow	1192	1	Peak flow	1192	3	
<b>Bipolar mood disorder</b>	AST – Aspartate aminotransferase	4130	1	AST – Aspartate aminotransferase	4130	2	2
	ALT – Alanine aminotransferase	4131	1	ALT – Alanine aminotransferase	4131	2	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	2	
	CT Brain uncontrasted	10300 or 10310 or 10320	1	Lithium – flame ionisation	4067	2	
	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	1	Serum calcium	4016 or 4017 or 4375 or 4376	1	
	EEG with special activation	75113	1				
	Full blood count	3755	1	Full blood count	3755	1	
	Gamma glutamyl transferase (GGT)	4134	1	Gamma glutamyl transferase (GGT)	4134	1	
	Glucose - random/fasting	4057	1	Glucose - random/fasting	4057	1	
	HDL cholesterol	4028	1	HDL cholesterol	4028	1	
	LDL cholesterol	4026	1	LDL cholesterol	4026	1	
	Total cholesterol	4027	1	Total cholesterol	4027	1	
	Thyrotropin (TSH)	4507	1	Thyrotropin (TSH)	4507	1	
	Toxic drug screen	4287 or 4370 or 4493	1	Toxic drug screen	4287 or 4370 or 4493	3	
	Syphilis testing (VDRL or THPA)	3940 or 3949 or 3951	1				
	U & E only	4171	1				
<b>Bronchiectasis</b>	Flow volume test	1188 or 1186	1	Flow volume test	1186	1	1
	Peak flow	1192	1	Peak flow	1192	2	
	X-ray of the chest two views, PA and lateral	30110	1				

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
<b>Bronchiectasis</b>	Sputum MC&S – sputum analysis for infection	3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924	1	Sputum MC&S – sputum analysis for infection	3867 & 3881 & 3885 & 3887 & 3895 & 3923 & 3924	4	
<b>Cardiac failure</b>	ECG – Electrocardiogram	(1228+1230) or (1229+1231) or 1232 or 1233 or 1234 or 1235 or 1236	1	ECG – Electrocardiogram	(1228+1230) or 1232	3	2
		(1229+1231) or 1233 or 1234 or 1235 or 1236	1		(1229+1231) or 1233 or 1234 or 1235 or 1236	1	
	Echocardiography	3620 & 3621 & 3622 & 3623 & 3624 & 3625	1	Echocardiography	3620 & 3621 & 3622 & 3623 & 3624 & 3625	2	
	B-Type natriuretic peptide	4488	1	B-Type natriuretic peptide	4488	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	Troponin isoforms	4161	1	Drug level in biological fluid	4081 or 4370 or 4493	3	
	Glucose – random/fasting	4050 or 4057	1				
	C-reactive protein	3947	1	Threshold testing: own equipment	1268	1	
	Full blood count	3755	1	Programming of atrio-ventricular sequential pacemaker	1270 or 75075	1	
	Thyrotropin (TSH)	4507	1				
	Total cholesterol	4027	1				
	U & E only	4171	1	U & E only	4171	4	
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1		
<b>Cardiomyopathy</b>	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	1	ECG – Electrocardiogram	1232	3	2
		1233 or 1234 or 1235 or 1236	1		1233 or 1234 or 1235 or 1236	1	

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
<b>Cardiomyopathy</b>	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	2	
	B-Type natriuretic peptide	4488	1	B-Type natriuretic peptide	4488	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	U & E only	4171	1	U & E only	4171	4	
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	Glucose - random/fasting	4057	1	Prothrombin index (PI)	3805	24	
	C-reactive protein	3947	1	Therapeutic drug level: Dosage	3806	24	
	Full blood count	3755	1	Drug level in biological fluid	4081 or 4370 or 4493	3	
	Thyrotropin (TSH)	4507	1	Threshold testing: own equipment	1268	1	
	Total cholesterol	4027	1	Programming of atrio-ventricular sequential pacemaker	1270 or 75075	1	
	X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1	
<b>Chronic obstructive pulmonary disease (COPD)</b>	Flow volume test	1188 or 1186	1	Flow volume test	1186	1	1
	X-ray of the chest two views, PA and lateral	30110	1	Peak flow	1192	2	
	Alpha-1-antitrypsin	4005	1	Drug level in biological fluid	4081 or 4370 or 4493	2	
<b>Chronic renal disease</b>	ECG - Electrocardiogram	1232 or 1233 or 1236	1	ECG - Electrocardiogram	1232 or 1233 or 1236	2	2
	Full blood count	3755	1	Full blood count	3755	4	
	U & E only	4171	1	U & E only	4171	4	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	Serum calcium	4016 or 4017 or 4375 or 4376	1	Serum calcium	4016 or 4017 or 4375 or 4376	4	
	Serum phosphates	4109 or 4313	1	Serum phosphates	4109 or 4313	4	
	Serum parathyroid hormone (PTH)	4512	1	Serum parathyroid hormone (PTH)	4512	2	
	Protein: Quantitative	4213	1	Protein: Quantitative	4213	1	

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
Chronic renal disease				Iron	4071	2	
				Platelet count	3797	1	
				Urine analysis (dipstick)	4188	4	
				Ferritin	4528	2	
				Transferrin	4144	2	
				Dietitian	84200 or 84201 or 84202 or 84203 or 84204 or 84205	1	
Coronary Artery Disease	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	2	2
	U & E only	4171	1	U & E only	4171	2	
	Glucose - random/fasting	4050 or 4057	1	Glucose - random/fasting	4057	1	
	HDL cholesterol	4028	1	HDL cholesterol	4028	1	
	LDL cholesterol	4026	1	LDL cholesterol	4026	1	
	Total cholesterol	4027	1	Total cholesterol	4027	1	
	Triglycerides	4147	1	Triglycerides	4147	1	
	C-reactive protein	3947	1				
	Urine analysis (dipstick)	4188	1				
	Full blood count	3755	1				
	Thyrotropin (TSH)	4507	1				
	X-ray of the chest two views, PA and lateral	30110	1				
	Platelet count	3797	1				
	ECG - Electrocardiogram	(1228+1230) or (1229+1231) or 1232 or 1233 or 1234 or 1235 or 1236	1	ECG - Electrocardiogram	(1228+1230) or (1229+1231) or 1232 or 1233 or 1234 or 1235 or 1236	2	
Echocardiography	3620 & 3621 & 3622 & 3623 & 3624 & 3625	1	Echocardiography	3620 & 3621 & 3622 & 3623 & 3624 & 3625	1		
Crohn's disease	Colonoscopy	1653 or 1656	1	Colonoscopy	1653 or 1656	1	3
	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	1	C-reactive protein	3947	2	

Condition	Diagnostic basket	Ongoing management basket						
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year	
Crohn's disease	Full blood count	3755	1	Full blood count	3755	2		
	Histology	4567 & 4571 or 4582 & 4584	3	Faecal Calprotectin (Elastase Quantitative ELISA)	4362	1		
Diabetes insipidus	U & E only	4171	1	U & E only	4171	3	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	3		
	Osmolality: Serum or urine	4093	1	Osmolality: Serum or urine	4093	1		
Diabetes mellitus type 1	ECG - Electrocardiogram	1232 or 1233 or 1236	1	ECG - Electrocardiogram	1232 or 1233 or 1236	1	1 (Ophthalmologist) 4 (Other Specialist)	
	Microalbuminuria	4261 or 4262	1	Microalbuminuria	4261 or 4262	2		
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4		
	U & E only	4171	1	U & E only	4171	1		
	Urine creatinine	4221	1	Urine creatinine	4221	1		
	LDL cholesterol	4026	1	LDL cholesterol	4026	1		
	HDL cholesterol	4028	1	HDL cholesterol	4028	1		
	Total cholesterol	4027	1	Total cholesterol	4027	1		
	Triglycerides	4147	1	Triglycerides	4147	1		
	Serum creatinine	4032 or 4223	1	Serum creatinine	4032 or 4223	1		
	Glucose - random/fasting	4057	1	HbA1c	4064	4		
	Two-hour glucose-OGTT	4049		1	Tonometry	3014		1
					Basic capital equipped in own rooms by ophthalmologists	3009		1
					Fundus examination	3003 or 3004 or 3027		1
Dietitian					84200 or 84201 or 84202 or 84203 or 84204 or 84205	1		
Podiatrist					68301 or 68302 or 68303 or 68304 or	1		
Diabetes Educator	DFSC1							



Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
<b>Diabetes mellitus type 1</b>				Diabetes Educator	DEDU1 or DEDUT	2	
<b>Diabetes mellitus type 2</b>	ECG – Electrocardiogram	1232 or 1233 or 1236	1	ECG – Electrocardiogram	1232 or 1233 or 1236	1	1 (Ophthalmologist) 1 (Other Specialist)
	Microalbuminuria	4261 or 4262	1	Microalbuminuria	4261 or 4262	2	
	HDL cholesterol	4028	1	HDL cholesterol	4028	1	
	LDL cholesterol	4026	1	LDL cholesterol	4026	1	
	Total cholesterol	4027	1	Total cholesterol	4027	1	
	Triglycerides	4147	1	Triglycerides	4147	1	
	U & E only	4171	1	U & E only	4171	1	
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	Urine creatinine	4221	1	Urine creatinine	4221	1	
	Serum creatinine	4032 or 4223	1	Serum creatinine	4032 or 4223	1	
	Glucose – random/fasting	4057	1	Basic capital equipped in own rooms by ophthalmologists	3009	1	
	Two-hour glucose- OGTT	4049	1	Fundus examination	3003 or 3004 or 3027	1	
				Tonometry	3014	1	
				HbA1c	4064	4	
Podiatrist				68301 or 68302 or 68303 or 68304 or	1		
Diabetes Educator				DFSC1			
Diabetes Educator				DEDU1 or DEDUT	2		
Dietitian	84200 or 84201 or 84202 or 84203 or 84204 or 84205	1					
<b>Dysrhythmia</b>	ECG – Electrocardiogram	1232 or 1233 or 1234 or 1235 or 1236	1	ECG – Electrocardiogram	1232	3	2
					1233 or 1234 or 1235 or 1236	1	
	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	Echocardiography	3621 & 3622 & 3623 & 3620 & 3625	1	

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
<b>Dysrhythmia</b>	24-hour ambulatory ECG monitoring (holter)	1238 & 1239	1	Threshold testing: own equipment	1268	1	
	U & E only	4171	1	Programming of atrio-ventricular sequential pacemaker	1270 or 75075	1	
	Magnesium: Spectrophotometric	4094	1	U & E only	4171	2	
	C-reactive protein	3947	1	Magnesium: Spectrophotometric	4094	1	
	Thyrotropin (TSH)	4507	1	Prothrombin index (PI)	3805	24	
	Serum calcium	4016 or 4017 or 4375 or 4376	1	Therapeutic drug level: Dosage	3806	24	
				Creatinine	4032 or 4221 or 4223	1	
Drug level in biological fluid				4081 or 4370 or 4493	2		
<b>Epilepsy</b>	Clinical interpretation and report of item 2711: Electro-encephalogram (EEG): 20-40 minutes record (Professional component)	2712	1	Clinical interpretation and report of item 2711: Electro-encephalogram (EEG): 20-40 minutes record (Professional component)	2712	1	3
	Electro-encephalogram (EEG): 20-40 minutes record: (done by Medical Practitioners) or EEG with special activation (done by Clinical Technologists)	2711 or 75133	1	Electro-encephalogram (EEG): 20-40 minutes record: (done by Medical Practitioners) or EEG with special activation (done by Clinical Technologists)	2711 or 75133	1	
				Drug level in biological fluid	4081 or 4370 or 4493	3	
<b>Glaucoma</b>  * These codes can only be billed by an Ocular Therapeutic Optometrist	Tonometry	3014 or *11202 or *11212	1	Tonometry	3014 or *11202 or *11212	3	3 (Ophthalmologist) or Ocular Therapeutic Optometrist
	Fundus examination	3003 or 3004 or *11366	1	Fundus examination	3003 or 3004 or *11366	3	
	Gonioscopy	3002 or	1	Gonioscopy	3002 or	3	

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
<b>Glaucoma</b> * These codes can only be billed by an Ocular Therapeutic Optometrist	Visual fields	3016 or 3017 or *11443	1	Visual fields	3016 or 3017 or *11443	2	
	Basic capital equipped in own rooms by ophthalmologists	3009	1	Basic capital equipped in own rooms by ophthalmologists	3009	3	
	Disc and nerve fibre layer analysis or Disc photography	3026 or 3027 or *11624	1	Disc and nerve fibre layer analysis or Disc photography	3026 or 3027 or *11624	1	
	Optical Coherent Tomography (OCT) of Optic nerve or macula	3028 or *11802	2 (1 per eye)	Optical Coherent Tomography (OCT) of Optic nerve or macula	3028 or *11802	2 (1 per eye)	
	Central corneal thickness measurement	3020 or *11702	2 (1 per eye)	Retinal threshold trend evaluation	3018	1	
<b>Haemophilia</b>	Full blood count	3755	1	Full blood count	3755	1	2
	Factor VIII or Factor IX antigen or Coagulation factors	3758 or 3757	1				
	Platelet count	3797	1				
	Therapeutic drug level: Dosage	3806	1				
	Bleeding time	3713	1				
	Fibrinogen titre	3825	1				
	PTT - Partial thromboplastin time	3837	1				
	Prothrombin index (PI)	3805	1				
	Thrombin time	3841	1				
<b>Hyperlipidaemia</b>	Total cholesterol	4027	1	Total cholesterol	4027	1	0
	LDL cholesterol	4026	1				
	HDL cholesterol	4028	1				
	Triglycerides	4147	1				
<b>Hyperlipidaemia</b>	Thyrotropin (TSH)	4507	1	AST - Aspartate aminotransferase	4130	1	
<b>Hypertension</b>	ECG - Electrocardiogram	1232 or	1	ECG - Electrocardiogram	1232 or	1	1
	24-hour ambulatory blood pressure	1237	1				
	U & E only	4171	1				
	Urine analysis (dipstick)	4188	1				
	Glucose - random/fasting	4057	1				

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
Hypertension	Total cholesterol	4027	1	Total cholesterol	4027	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	1	
				Potassium	4113	1	
Hypothyroidism	Thyrotropin (TSH)	4507	1	Thyrotropin (TSH)	4507	2	0
	Free thyroxine (FT4)	4482	1	Free thyroxine (FT4)	4482	2	
	Total cholesterol	4027	1				
Multiple sclerosis	MR of the brain pre and post contrast or uncontrasted	10430 or 10410	1	MR of the brain pre and post contrast or uncontrasted	10430 or 10410	1	2
	MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted	51420 or 51410 or 51400	1	MR of the cervical spine and cranio-cervical junction pre and post contrast or uncontrasted	51420 or 51410 or 51400	1	
	MR of the thoracic spine pre and post contrast or uncontrasted	52420 or 52410 or 52400	1	MR of the thoracic spine pre and post contrast or uncontrasted	52420 or 52410 or 52400	1	
	MR of the lumbar spine pre and post contrast or uncontrasted	53420 or 53410 or 53400	1	MR of the lumbar spine pre and post contrast or uncontrasted	53420 or 53410 or 53400	1	
	Visual evoked potentials (VEP): Bilateral	2682	1	ALT – Alanine aminotransferase	4131	1	
	Visual evoked potentials (VEP): Unilateral	2681	1	AST – Aspartate aminotransferase	4130	1	
	CSF-IgG Index	4036	1				
Parkinson's disease	No diagnostic or monitoring tests apply as the diagnosis of this condition remains a clinical one						2
Rheumatoid arthritis	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	1	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	4	4
	Full blood count	3755	1	Full blood count	3755	2	
	Platelet count	3797	1	Platelet count	3797	2	
	Urine creatinine	4221	1	Urine creatinine	4221	1	
	U & E only	4171	1	U & E only	4171	1	
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	ALT – Alanine aminotransferase	4131	1	ALT – Alanine aminotransferase	4131	4	
	AST – Aspartate aminotransferase	4130	1	AST – Aspartate aminotransferase	4130	4	
	Anti-CCP	4600	1				
	X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1	
Anti-Nuclear Factor (ANF)	3934	1					

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
<b>Rheumatoid arthritis</b>	Rheumatoid factor	3959 or 4182	1				
	X-ray of the right hand or right wrist	65105 or 65135	4	X-ray of the right hand or right wrist	65105 or 65135	4	
	X-ray of the left hand or left wrist	65100 or 65130		X-ray of the left hand or left wrist	65100 or 65130		
	X-ray of the right foot or right ankle	74125 or 74105		X-ray of the right foot or right ankle	74125 or 74105		
	X-ray of the left foot or left ankle	74120 or 74100		X-ray of the left foot or left ankle	74120 or 74100		
	X-ray of the left hip	56100		X-ray of the left hip	56100		
	X-ray of the right hip	56110		X-ray of the right hip	56110		
	X-ray of the left shoulder	61130		X-ray of the left shoulder	61130		
	X-ray of the right shoulder	61135		X-ray of the right shoulder	61135		
	X-ray of the left elbow	63100		X-ray of the left elbow	63100		
	X-ray of the right elbow	63105		X-ray of the right elbow	63105		
	X-ray of the left knee	72100		X-ray of the left knee	72100		
	X-ray of the right knee	72105		X-ray of the right knee	72105		
<b>Juvenile Rheumatoid arthritis</b>	In addition to above, the below is available for members less than 18 years old						Ophthalmologist visit 1 for > 10 years old OR 2 for < 10 years old
	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	1	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	2	
	Ultrasound of the right wrist or left wrist	65210 or 65200	1	Ultrasound of the right wrist or left wrist	65210 or 65200	1	
	Ultrasound of the right foot or right ankle	74225 or 74215		Ultrasound of the right foot or right ankle	74225 or 74215		
	Ultrasound of the left foot or left ankle	74220 or 74210		Ultrasound of the left foot or left ankle	74220 or 74210		
	Ultrasound of the hip joints	56200		Ultrasound of the hip joints	56200		
	Ultrasound of the left shoulder joint	61200		Ultrasound of the left shoulder joint	61200		
	Ultrasound of the right shoulder joint	61210		Ultrasound of the right shoulder joint	61210		
	Ultrasound of the left elbow joint	63200		Ultrasound of the left elbow joint	63200		
	Ultrasound of the right elbow joint	63205		Ultrasound of the right elbow joint	63205		
	Ultrasound of the left knee joint	72200		Ultrasound of the left knee joint	72200		
	Ultrasound of the right knee joint	72205		Ultrasound of the right knee joint	72205		
	Ultrasound of the temporo-mandibular joints, one or both sides	15200		Ultrasound of the temporo-mandibular joints, one or both sides	15200		

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
Juvenile Rheumatoid arthritis	Ultrasound of any joint	5102		Ultrasound of any joint	5102		
Schizophrenia				AST – Aspartate aminotransferase	4130	2	4
				ALT – Alanine aminotransferase	4131	2	
				Creatinine	4032 or 4221 or 4223	2	
				U & E only	4171	2	
				Drug level in biological fluid	4081 or 4370 or 4493	3	
Systemic lupus erythematosus	Full blood count	3755	1	Full blood count	3755	4	4
	Urine analysis (dipstick)	4188	1	Urine analysis (dipstick)	4188	4	
	Platelet count	3797	1	Platelet count	3797	1	
	Creatinine	4032 or 4221 or 4223	1	Creatinine	4032 or 4221 or 4223	4	
	Complement fixation test	3963 or 4182	1	Complement fixation test	3963 or 4182	2	
	Anti-Nuclear Factor (ANF)	3934	1	Total cholesterol	4027	1	
	U & E only	4171	1	U & E only	4171	4	
	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	1	Erythrocyte sedimentation rate or C-reactive protein	3743 or 3947	4	
	DNA antibodies	4529 or 3948	2	AST – Aspartate aminotransferase	4130	4	
	Extractable nuclear antigens	3934 or 3948	2	Creatinine kinase	4152 or 4153	2	
	Urine microscopy	3867	1	Antiglobulin test (Coombs)	3709	2	
	Histology	4567 & 4571 or 4582 & 4584	3	ALT – Alanine aminotransferase	4131	4	
	Kidney biopsy	1841	1				
	Skin biopsy	0233 & 0234 & 0235 & 0237	1				
X-ray of the chest two views, PA and lateral	30110	1	X-ray of the chest two views, PA and lateral	30110	1		

Condition	Diagnostic basket			Ongoing management basket			
	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Description of the procedure or test	Code for the procedure or test	Number we cover for the year	Number of specialist consultations we cover each year
Ulcerative colitis	Colonoscopy	1653 or 1656	1	Colonoscopy	1653 or 1656	1	3
	C-reactive protein	3947	1	C-reactive protein	3947	2	
	Full blood count	3755	1	Full blood count	3755	2	
	Histology	4567 & 4571 or 4582 & 4584	3	Histology	4567 & 4571 or 4582 & 4584	1	
				Faecal Calprotectin (Elastase Quantitative ELISA)	4362	1	
				Flexible sigmoidoscopy	1676	1	

## Complaints process

You may lodge a complaint or query with LA Health Medical Scheme directly on **0860 103 933** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the LA Health Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)