

## Menopause medicine list (formulary)

### Who we are

LA Health Medical Scheme (referred to as "the Scheme"), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

### Important information you need to know

The Scheme Rules set out the requirements for the Chronic Illness Benefit (CIB). The utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and Rules. You must ensure that you are familiar with these Rules and conditions. The Scheme Rules are available on [www.lahealth.co.za](http://www.lahealth.co.za)

Any instruction or advice we give about medicines and the management of your condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

The Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay for medicines.

You get full cover for approved chronic medicine on the medicine list (formulary). You may have a co-payment for medicine that is not on the formulary.

The CDA does not apply to LA KeyPlus. We cover the medicine up to the Reference Price for a medicine category on the LA KeyPlus.

### About some of the terms we use in this document

To help you to better understand the information in this document, we provide the meanings of some of the terminology we use.

Terminology	Description
Chronic Drug Amount (CDA)	The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.
Medicine class	Medicine with similar chemical structures or similar therapeutic effects.
Reference Price	The Reference Price is the set monthly amount we pay for a medicine category. This applies for medicine that is not listed on the medicine list (formulary).

## Formulary medicine and monthly Chronic Drug Amounts (CDAs)

The Menopause medicine list (formulary) applies to all LA Health Medical Scheme benefit options

The Chronic Drug Amount (CDA) **does not** apply to the LA KeyPlus Benefit Option.

Medicine name	Medicine class	Monthly Chronic Drug Amount (CDA)
Estrofem 1mg	Estrogens	R205
Estrofem 2mg	Estrogens	R205
Activelle	Progestogens and estrogens, fixed combinations	R285
Novofem	Progestogens and estrogens, sequential preparations	R295
Provera 5mg	Progestogens - Pregnen (4) derivatives	R230
Provera 10mg	Progestogens - Pregnen (4) derivatives	R230

## Contact us

For more information, call us on 0860 103 933 or visit [www.lahealth.co.za](http://www.lahealth.co.za)

## Queries or complaints process

You can lodge a query or complaint with the Scheme directly on 0860 103 933 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the LA Health Medical Scheme internal disputes process. You can find more information about the disputes process on [www.lahealth.co.za](http://www.lahealth.co.za)

You can, as a last resort, approach the Council for Medical Schemes for assistance. Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)