

## Prescribed Minimum Benefit: Paediatric Nutritional Formulary

### Who we are

LA Health Medical Scheme (referred to as 'the Scheme'), registration number 1145, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as 'the Administrator'), is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership of the Scheme.

### Contact us

You can call us on **0860 103 933** or visit [www.lahealth.co.za](http://www.lahealth.co.za) for more information.

### Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicine, when we make these changes.

The Out-of-hospital Prescribed Minimum Benefit (OHPMB) and the utilisation of the benefits and programmes associated with this benefit are subject to specific conditions and rules. You must make sure that you know these rules and conditions.

Any instructions or advice about the management of the condition is intended to add to, and not replace, the knowledge, expertise, skill, and judgement of your doctor, pharmacist or other healthcare professional.

The Scheme provides full cover for approved medicine that is on our medicine list (formulary). Medicine that is not on our medicine list will be funded up to the Reference Price for that medicine category. You might have a co-payment for medicine that is not on our medicine list.

The Scheme and Discovery reserve the right to change the benefit at any time.

## Explanation of terms

### Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

### Benefit year

A benefit year refers to the benefits a beneficiary is entitled to during a calendar year - from 1 January to 31 December of that year.

This medicine list (formulary) is applicable for 2025 only.

### Medicine class

This describes medicine that have similar chemical structures or similar therapeutic effects.

### Prescribed Minimum Benefit conditions (PMB conditions)

These are conditions which all Medical Schemes are required to cover in terms of the Medical Schemes Act (No 131 of 1998), in any setting, according to clinical guidelines.

### Reference Price

The Reference Price is a set monthly amount we pay up to for a medicine category. This applies to medicines that are not listed on the medicine list (formulary).

### Ready-to-hang (RTH)

A feed that comes in a sterile, pre-filled formula container (typically 1 litre) that is spiked by the feeding tube, and then fed to the patient via a feeding pump.

## Ready-to-hang (RTH) products

STANDARD ENTERAL PRODUCTS			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Frebini Original	701486	500 ml	Fresenius-Kabi
Nutrini Multifibre	3001197	500ml	Nutricia
Tentrini Multi Fibre	3001191	500ml	Nutricia
Nutrini Energy	3001196	500ml	Nutricia
Frebini Energy Fibre	701489	500ml	Fresenius-Kabi
SPECIAL/NICHE ENTERAL PRODUCTS			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Tentrini Multi Fibre	3001191	500ml	Nutricia
Nutrini Energy	3001196	500ml	Nutricia
Frebini Energy Fibre	701489	500ml	Fresenius-Kabi
IMPAIRED DIGESTION/ABSORPTION			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Nutrini Peptisorb	3001195	500ml	Nutricia
Peptamen Junior Advance	3000711	500ml	Nestle Health Sciences

## Powdered enteral products

STANDARD PRODUCTS			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Infatrini powder	722948	400g	Nutricia
NutriniDrink Powder Vanilla	722949	400g	Nutricia
NutriniDrink Powder Neutral	722950	400g	Nutricia
Deo-volente pedia sip white chocolate plastic tub	724027	420g	Resaf
Deo-volente pedia sip strawberry plastic tub	724028	420g	Resaf
IMPAIRED DIGESTION/ABSORPTION			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Nutrini Peptisorb	3001195	500ml	Nutricia
Peptamen Junior Powder	719998	400g	Nestle Health Sciences
Modulen IBD	709621	400g	Nestle Health Sciences
DIABETES/GLUCOSE INTOLERANCE			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Deo Volente DM Vanilla	722606	420g	Resaf
Deo Volente DM Strawberry	722607	420g	Resaf

KETOGENIC DIET			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Ketocal	706119	300g	Nutricia
KetoVOLVE	712648	300g	Nutr-e-volution
ALLERGY   AMINO ACID FORMULAS			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Neocate Junior Prebiotic Vanilla	721905	400g	Nutricia
Neocate LCP 400g	715030	400g	Nutricia
ALFARE DS080-10 6x400g N2 ZA	3001927	-	Nestle Health Sciences
EXTENSIVELY HYDROLYSED FORMULAS			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Pepticate	712859	450g	Nutricia
INBORN ERRORS OF METABOLISM			
1. DISORDERS OF PROTEIN METABOLISM			
A. Glutaric Aciduria Type 1			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
XLYS LOW TRY Maxamaid	711170	500g	Nutricia
B. Maple Syrup Urine Disease			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
MSUD Anamix Infant	715033	400g	Nutricia
C. Isovaleric Acidaemia			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Isovactin aa plus 250ml	3000189	250ml	Nutr-e-volution cc
D. Methylmalonic and propionic acidaemia			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
MMA/PA Anamix Infant	709479	400g	Nutricia
XMTVI Maxamaid	709480	500g	Nutricia
E. Phenylketonuria			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
PKU Anamix Infant	710648	400g	Nutricia
PKU 2	710624	500g	Nutricia
PKU 3	716679	500g	Nutricia
F. Tyrosinaemia type i and type ii			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
TYR Anamix Infant	709471	400g	Nutricia

<b>G. Urea cycle disorders</b>			
<b>PRODUCT NAME</b>	<b>NAPPI CODE</b>	<b>UNIT SIZE</b>	<b>MANUFACTURER</b>
Essential Amino Acid Mix	708781	200g	Nutricia
<b>2. DISORDERS OF CARBOHYDRATE METABOLISM</b>			
<b>PRODUCT NAME</b>	<b>NAPPI CODE</b>	<b>UNIT SIZE</b>	<b>MANUFACTURER</b>
GALACTOMIN 19	718893	400g	Nutricia
<b>3. DISORDERS OF FATTY ACID OXIDATION</b>			
<b>PRODUCT NAME</b>	<b>NAPPI CODE</b>	<b>UNIT SIZE</b>	<b>MANUFACTURER</b>
Monogen	709485	400g	Nutricia
<b>4. X-LINKED ADRENOLEUKODYSTROPHY (ALD)</b>			
<b>PRODUCT NAME</b>	<b>NAPPI CODE</b>	<b>UNIT SIZE</b>	<b>MANUFACTURER</b>
Lorenzo's Oil	710627	500ml	Nutricia
<b>5. AMINO ACID DISORDERS</b>			
<b>PRODUCT NAME</b>	<b>NAPPI CODE</b>	<b>UNIT SIZE</b>	<b>MANUFACTURER</b>
Energivit	706098	400g	Nutricia

## Ready to drink (RTD) products

<b>STANDARD ORAL SUPPLEMENTS</b>			
<b>PRODUCT NAME</b>	<b>NAPPI CODE</b>	<b>UNIT SIZE</b>	<b>MANUFACTURER</b>
Infatrini	721120	125ml	Nutricia
NutriniDrink Vanilla	3001188	200ml	Nutricia
NutriniDrink Strawberry	3001187	200ml	Nutricia
NutriniDrink Multi Fibre Vanilla	3001190	200ml	Nutricia
NutriniDrink Multi Fibre Strawberry	3001194	200ml	Nutricia
Frebini energy	701488	200ml	Fresenius Kabi
Frebini energy fibre vanilla	712293	200ml	Fresenius Kabi
<b>SPECIAL/NICHE ENTERAL PRODUCTS</b>			
<b>PRODUCT NAME</b>	<b>NAPPI CODE</b>	<b>UNIT SIZE</b>	<b>MANUFACTURER</b>
Frebini energy	701488	200ml	Fresenius Kabi
Frebini energy fibre vanilla	712293	200ml	Fresenius Kabi

## Powdered oral supplements

STANDARD PRODUCTS			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Nutrini Drink Powder Vanilla	722949	400g	Nutricia
Nutrini Drink Powder Neutral	722950	400g	Nutricia
Infatrini powder	722948	400g	Nutricia
Deo-volente plus ng nutrition supplement feed vanilla	721990	425g	Resaf
Deo-volente plus ng nutrition supplement feed strawberry	721991	425g	Resaf
IMPAIRED DIGESTION/ABSORPTION			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Peptamen Junior	719998	400g	Nestle Health Science
Modulen IBD	709621	400g	Nestle Health Science
ALLERGY			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Neocate Junior Prebiotic Vanilla	721905	400g	Nutricia

## Modular products

PROTEIN POWDER			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Protifar	709488	225g	Nutricia
CARBOHYDRATE POWDER			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Fantomalt	709477	400g	Nutricia
HIGH ENERGY AND FAT POWDER			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Duocal	709472	400g	Nutricia
HIGH LCT PRODUCT			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Calogen	3001179	200ml	Nutricia
MCT EMULSION			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Liquigen	3001199	250ml	Nutricia
MCT OIL PRODUCT			
PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
MCT oil	3001181	500ml	Nutricia

## Food thickeners

PRODUCT NAME	NAPPI CODE	UNIT SIZE	MANUFACTURER
Nutilis	708459	300g	Nutricia

## Queries or Complaints

You may lodge a complaint or query with LA Health Medical Scheme directly on **0860 103 933** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Scheme's internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)